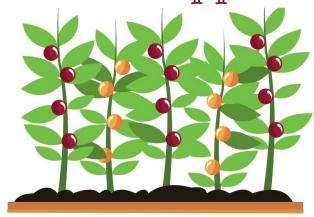
## Become a Monthly Harvest Supporter!



Coal Creek Meals on Wheels' Monthly Harvest Supporters make a difference in our community and the lives of those we serve. As a Monthly Harvest Supporter, your prescheduled monthly gift will allow us to provide daily meals, check-ins, and related support services to members of our community who need them the most. Be a seed of change, and help us grow our impact in the community! Join our monthly giving program at online at: bit.ly/ccmowdonate

Did you know that 12.8% of Boulder County is food insecure? Every donation made on Colorado Gives Day is boosted by an incentive fund so that your gift goes a little further. Schedule your donation to Coal Creek Meals on Wheels online at:

www.coloradogives.org/coalcreekmow





Just \$110 will ensure that a neighbor in need receives a delicious meal every day for a month.

MECIES ON Wheels

Lafayette, CO 80026

**MOVING FORWARD** 

Meas on Wheels

Lafayette, Louisville, Erie & Superior

## "Shifting gears and moving forward together"

has become a steady mantra as we collectively navigate our ever-changing "new normal" influenced by the ongoing pandemic.

Modifying our programs so that we could continue safely and efficiently serving our neighbors in need, weathering unforeseen obstacles, all the while creating and distributing hundreds of meals on a daily basis, not only demonstrated our organization's tenacity, but also shed light on the wonderful ways in which our community clients, volunteers, team members, and supporters, alike - show up and serve each other.

We are not out of the clear yet as the pandemic continues to impact the lives of our clients and community at large, amplifying the critical (and growing) local need for CCMOW's services.

We <u>need</u> compassionate community members like you, to help keep our mission moving onward!

Will you consider making a donation to support your neighbors in need?

## Our mission

is to provide daily nutritious meals and related support services to members of our community in need, helping them to live with dignity in their own homes.

We serve the communities of Lafayette, Louisville, Superior, and Erie.





"I'm now 61 but had a stroke when I was 48 years old. I was in a recovery hospital for a while and recovered as much as possible but wasn't able to drive again. I've been a CCMOW customer for a long time, at least a decade now. Meals on Wheels has been really terrific!

"When the pandemic first hit, it was interesting because two weeks ago this was my unique problem, and then the rest of the world had the same problem that I did – feeling isolated and alone, and not having anybody to talk to. It gave me a bit of clarity in understanding that it wasn't just me.

"The volunteers bring my lunch once a day — it's a time of the day when another human speaks to me, and one thing I really like is that there are different delivery drivers throughout the week. For around nine years, CCMOW has delivered vegetarian meals to my home each day. The funny thing is I chose to receive the vegetarian meals because I could only use my left hand and wasn't able to cut pieces of meat. I was 240 pounds when I was in a wheelchair, and have gone down to 150 pounds. It didn't happen overnight — it was the healthy meals that helped me lose the weight.

"I also think it's astonishing that all of the people who bring my lunch are volunteers – they deserve as much credit as the people who make the food.

"Coal Creek Meals on Wheels is a really good deal!"

- Keith, CCMOW Client

"CCMOW is more than just a fresh and delicious meal service, it is also an opportunity for well visits and check-ins with our clients, especially in the time of COVID. Thank you for allowing me the opportunity to volunteer and provide this service to our community!"

- CCMOW Volunteer

"Delivering meals a very rewarding experience. We have come to know some of the residents and enjoy seeing them when we have their routes. We are happy when they greet us at the door and are genuinely grateful for MOW. We also grieve when they are hurting. Overall, MOW is such a blessing to so many people. Thank you to all the staff and volunteers who serve so many precious residents in Boulder County."

- CCMOW Volunteer



One-Time Donation:

□ \$25 to provide a client with meals for 1 week

□ \$55 to provide a client with meals for 2 weeks

□ \$110 to provide a client with meals for 1 month

□ \$660 to provide a client with meals for 6 months

□ \$1,320 to provide a client with meals for 1 full year

□ \$\_\_\_\_\_ to help out as much as possible!

also donate or make a recurring donation online at:

coalcreekmow.org

(Click the "donate now" button!)

Please make checks payable to Coal Creek Meals on Wheels! You can

Contact Information:		
Name		
Address		
City:	ZIP:	
Email		

